

Wound Care Instructions

Procedure

Description & Treatment

<p>Biopsy Wound</p>	<ul style="list-style-type: none"> • Wash the wound with soap and water only. • Do not allow the wound to dry out or scab over. • Do not use hydrogen peroxide or over the counter antibacterial ointments unless directed by your doctor. • Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this until the wound is completely healed. • During the healing process you may notice the wound is moist with a clear to yellowish drainage and a red ring may develop around the wound. This is normal.
<p>Liquid Nitrogen(Cryosurgery)</p>	<ul style="list-style-type: none"> • The treated lesion will become red and swollen. The skin may blister. If a blister forms, you may break the skin with a sterile needle to release the fluid, but do not remove the skin. • The treated lesion should look like a dry blood blister or scrape, and should fall off within the next 3 weeks. • Wash the wound with soap and water only. • Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this until the wound is completely healed. • Do not allow the wound to dry out or scab over. • Do not use hydrogen peroxide or over the counter antibacterial ointments unless directed by your doctor. • In some cases the liquid nitrogen treatment needs to be repeated. Schedule a return appointment if the lesion is still present after a month.
<p>Electrodessication & Curettage(ED&C or “Scrape and Burn”)</p>	<ul style="list-style-type: none"> • The wound may have a brown “crusting” on top after the procedure is completed. • Wash the wound with soap and water only. • Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this until the wound is completely healed. • Do not allow the wound to dry out or scab

	<p>over.</p> <ul style="list-style-type: none"> • Do not use hydrogen peroxide or over the counter antibacterial ointments unless directed by your doctor. • During the healing process you may notice the wound is moist with a clear to yellowish drainage and a red ring may develop around the wound. This is normal.
<p>Surgical Excision on the face</p>	<ul style="list-style-type: none"> • Remove the bandage 12-24 hours after surgery. Use caution when removing the bandage. • Wash the wound with soap and water only. • Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed do this until stitches are removed. • Bend at the knees instead of at the waist to avoid adding pressure to the incision site. • Do not allow the wound to dry out or scab over. • If instructed, apply ice to the incision site for 10 minutes every 2 hours to help with swelling and bruising. • Do not be alarmed if you experience bruising and/or swelling 2-3 days after surgery. • Do not use hydrogen peroxide or over the counter antibacterial ointments, unless directed by your doctor. • The incision site may look lumpy or bumpy. This is normal and will subside soon after the stitches are removed.
<p>Surgical Excision on the Scalp</p>	<ul style="list-style-type: none"> • If a bandage was applied, remove the bandage 12-24 hours after surgery. Use caution when removing the bandage. • You may wash your hair with shampoo or soap and water after surgery. • Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this until the stitches are removed. • Bend at the knees instead of at the waist to avoid adding pressure to the incision site. • Do not allow the wound to dry out or scab over.

	<ul style="list-style-type: none"> • If instructed, apply ice to the incision site for 10 minutes every 2 hours to help with swelling and bruising. • Do not be alarmed if you experience minimal drainage (oozing) 2-3 days after surgery. This is normal for wound healing. • Do not use hydrogen peroxide or over the counter antibacterial ointments unless directed by your doctor. • The incision site may look lumpy or bumpy. This is normal and will subside soon after the stitches are removed.
Surgical Excision on the Ear	<ul style="list-style-type: none"> • If a bandage was applied, remove the bandage 12-24 hours after surgery. Use caution when removing the bandage. • Wash the wound with acetic acid soak. You can do this by mixing 3 parts water to one 1 part vinegar. Mix water and vinegar in a pint jar. • With gauze or small washcloth, soak the wound for 5 minutes twice a day for 10 days or until stitches are removed. • Apply a small amount of Garamycin (gentamycin) on treated area. Apply a bandage if needed. Do this until the stitches are removed or the wound is completely healed. • Do not allow the wound to dry out or scab over. • Apply a bandage if needed. • It is not unusual to experience a minimal amount of discomfort after ear excisions. The pain should be controlled with an over the counter pain medication. To help alleviate the pain and prevent irritation avoid using the telephone and sleeping on the wounded ear. • Do not use hydrogen peroxide or over the counter antibacterial ointments unless directed by your doctor. • IF YOU DO NOT HAVE STITCHES, you may notice the wound is moist with a clear to yellowish drainage and may develop a red ring around the wound. This is normal.
Surgical Excision on the Neck, Trunk, and Arms	<ul style="list-style-type: none"> • Remove the bandage 12-24 hours after surgery. Use caution when removing the bandage.

	<ul style="list-style-type: none">• Wash the wound with soap and water only.• Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this once a day with shower/bath until the stitches are removed.• Do not allow the wound to dry out or scab over.• Refrain from activities that may put strain or pressure on the incision site (pushing, pulling, stretching, running, bending over, twisting, turning). If you feel the stitches pulling, stop the activity immediately.• Do not be alarmed if you experience some bruising and/or swelling.• Do not use hydrogen peroxide or over the counter antibacterial ointments, unless directed by your doctor.
Surgical Excision on the legs	<ul style="list-style-type: none">• Remove the bandage 12-24 hours after surgery. Use caution when removing the bandage.• Wash the wound with soap and water only.• Apply a small amount of sterile Vaseline on the treated area. Apply a bandage if needed. Do this once a day with shower/bath until the stitches are removed.• Do not allow the wound to dry out or scab over.• Refrain from activities that may put strain or pressure on the incision site(pushing, pulling, stretching, running, bending over, twisting, turning). If you feel the stitches pulling, stop the activity immediately.• Keep the leg elevated when sitting, resting, and sleeping to help with the healing process.• Do not be alarmed if you experience some bruising and/or swelling.• Do not use hydrogen peroxide or over the counter antibacterial ointments, unless directed by your doctor.• The incision site may look lumpy or bumpy. This is normal and will subside

soon after the stitches are removed.

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